Outline of presentation

- Why conduct this survey?
- How did we go about it?
- Results
  - about teams
  - about GS practice used within them
- Implications for research and practice
Community based stroke rehabilitation is effective; but what are the effective components? (Outpatient service trialists 2009)
Goal setting considered ‘best practice’ in stroke rehabilitation (RCP; SIGN)

BUT ...

No RCTs to date to demonstrate effectiveness
(Levack 2005; Sugvanam 2012)
Development and evaluation of a goal setting and action planning (G-AP) practice framework

Literature Review

Modelling exercise

MDT task group

Process Eval (x2)

Survey

Pilot Trial
G-AP practice framework

Stage 1
- Goal Negotiation
  - Goal setting

Stage 2
- Action Planning
  - Barriers/Coping Planning
    - Confidence 1………………10

Stage 3
- Action

Stage 4
- Decision Making
- Feedback
- Appraisal

Exit G-AP
- All goals achieved
- No further achievable goals

(Scobbie et al 2009; Scobbie et al 20011; Scobbie et al 2013)
Next steps...

• Trial of G-AP Vs ‘usual’ GS practice
• We need to know:
  I. What the range of community rehabilitation contexts are in which G-AP could be delivered (Enderby & Wade 2001)
  II. What ‘usual’ goals setting practice looks like in these settings (Holliday et al 2005)
Any Questions?
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References


