

Conference Registration

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|------------|-------------|------------|
| Title: | First name: | Surname: |
| Job Title: | | |
| Company: | | |
| Address: | | |
| | | |
| Town: | County: | Post Code: |
| Telephone: | | Email: |

I would like to register the following delegates:

- | | |
|---|------------------------------------|
| <input type="checkbox"/> Commercial Sector | Registration Fee £235.00 |
| <input type="checkbox"/> Non-member of the Community Therapists Network | £195.00 |
| <input type="checkbox"/> Member of the Community Therapists Network * | £ 80.00 |

* Please enter your CTN membership number:

Total = £

- I enclose a cheque for the total amount payable to Innervate Ltd
- Please invoice me for the total amount payable *
* If invoice address differs from that given above, please provide details on a separate sheet.
- Please charge my debit/credit card for the total amount payable
- Delta Maestro Mastercard Visa

Name on card:

Number: 3 digit security code:

Expiry date: Valid from (Maestro): Issue n^o. (Maestro):

Date: Signature:

Special Dietary Requirements:

We may send you additional information on the services of the Community Therapist Network and its products. If you wish to receive information please tick this box:

Please return to:

Community Therapists Network Secretariat, Innervate Ltd,

27 Fitzroy Square, London W1T 6ES or fax to **020 7760 7193**

Telephone: **020 7554 4044**, email: **info@communitytherapy.org.uk**

www.communitytherapy.org.uk

Annual Conference 2010

Managing Long Term Conditions in the Community

Encouraging and Enabling Self Care



10th November 2010
Birmingham Hippodrome

Annual Conference 2010

Managing Long Term Conditions in the Community Encouraging and Enabling Self Care

Date

10th November 2010

Venue

Birmingham Hippodrome

About the Conference

Self care is one of the main building blocks for a patient-centred health service. It's also a key component of supporting people with long term conditions, improving health outcomes and increasing patient satisfaction. Furthermore, by managing patients in the community, supporting and enabling self-care, significant cost savings may be feasible, particularly through reducing unplanned visits to hospital. or the General Practice.

This year the annual conference of Community Therapists Network will explore many aspects of self-care and look at how community therapists can play a central role.

Programme

- 10:00 Welcome and Introduction
Professor Pam Enderby, *Professor of Community Rehabilitation, School of Health and Related Research (SchARR), University of Sheffield*
- 10:10 The central role of community therapy in creating a personalised care plan
Speaker tbc
- 10:40 Work place health – tackling presenteeism
Mark Howard, *Head of Rehabilitation & Return to Work Services, Broadspire*
- 11:10 Coffee/Tea and Networking
- 11:30 Supporting social life and hobbies
Dr Avril Drummond, *Associate Professor of Rehabilitation, School of Community Health Sciences, Institute of Neuroscience, University of Nottingham (tbc)*
- 12:05 Top tips in anxiety and stress management
Dr Anita Rose, *Highly Specialist Clinical Psychologist, The Walton Centre NHS Foundation Trust*
- 12:40 Lunch
- 13:30 Chronic pain management – establishing a community service
Dr Mark Ritchie, *GPwSI Pain, Swansea*
- 14:05 Using technology to make a real difference in self care
Speaker tbc.
- 14:40 Tea/Coffee and Networking
- 15:00 How community therapists enable people to self-manage
Dr Tony Ryan, *Lecturer, School of Nursing and Midwifery, University of Sheffield;*
Catherine Rickards, *Research Assistant, Academic Unit of Primary Medical Care, University of Sheffield*
- 15:30 The impact of community therapists – measuring patient outcomes and experiences
Professor Pam Enderby, *Professor of Community Rehabilitation at University of Sheffield and Clinical Director of the South Yorkshire Comprehensive Local Research Network*

for more information visit

www.communitytherapy.org.uk